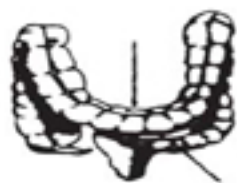


According to the Chinese, Bowel Toxemia is the #1 cause of disease.

Symptoms of a bowel problem:



Stricture



Prolapse with pressure on lower organs



Diverticula



Colitis

- Constipation
- Diarrhea or both
- Pencil like bowel movements
- Puffed or bloated
- Gastric = burping or farting
- Heartburn
- Headaches
- Dizziness
- Sinus
- Allergies
- Pinches or pains in the chest
- Ringing in the ears
- Specs or floaters in the eyes or blacking out
- Lower back pain
- Tumor
- Cysts
- Fybroids
- Lumps
- Infection
- Cancer

According to the Chinese, every pocket of the bowel
Corresponds with a different organ, gland or part of the body.

Is your body being
fed toxins from a
build up of fecal
matter or fed
nutrition?

They say it takes 7
times less herb to
maintain a healthy
bowel then it does to
cleanse.

1. Cleanse
2. Heal
3. Maintain

We do not diagnose,
We Analyze.
We do not prescribe,
We Suggest.

Alternative Health

Iridology & Sho Tai Analysis

There are many alternative methods of
treatment to choose from but, ask
yourself, "what will work for me?"

- Herbal Cleanse
- Parasite Cleanse
- Nutritional Supplements
- Digestive Enzymes
- Friendly Bacteria
- Essential Fatty Acids

Would detoxifying methods be helpful?

- Ionic Foot Cleanse
- Infrared Sauna
- Lymphatic Massage
- Aqua Therapy

Or combination of above

Stop Guessing! Have your own personal
Health program developed today. This
program is easy to add to your daily
routine, very effective, and tailored strictly
for YOU. If you are interested in a private,
personal consultation, we would be happy
to help.

Iridology

What is Iridology?

I am sure that most of you have heard of
reflexology. If someone was to perform
reflexology on your feet, for example, you may feel
pinches and pains in different areas of your foot.
According to the Chinese, each area in your foot
has nerve endings that correspond to all the
different organs, glands, systems, structure, etc. in
your body.

These nerves run up your legs, up your spinal
column, through your brain, and leaves a
fingerprint on your iris, the colored part of your
eye.



The Study of reading the Iris
is called Iridology

Iridology involves looking for different markings,
shapes and colors in your iris. Since the layout of
your iris is exactly the same layout as your body,
where these markings are located reveals the
location of the deficiencies in the body. The color
reveals the cause of the deficiencies.

- Iridology is used to analyze the presence,
degree, and cause of deficiencies in the body.

What is Sho Tai?

According to the Chinese, every organ, gland,
structure, system etc. in your body needs nutrition
from your bowel and electricity from your brain in
order to function. Kinesiology and accupressure
points are used to measure the flow of electricity
in the body. If an organ, gland, etc. is deficient or
sick, more electricity is sent to the corresponding
pressure points. These points are triggered, just
like a circuit breaker in your fuse box.

- SHO TAI is used to analyze the presence,
degree and cause of deficiencies in the body.
- SHO TAI is used to suggest the best method of
treatment of deficiencies in the body.

Signs on the Body

At Alternative Health, a health consultant can
detect what is going on in the body by reading
signs on the body. We look at the fingernails,
skin, teeth and tongue; the whites, coloured part
and pupils in the eyes; as well as muscle test each
individual. We then determine a personalized
program that is designed to work for that
individuals body.

Find out what **your** body needs; when, how much
and how long you need to take it as well as what
you need to avoid.

Our bodies are designed to clean, repair and live in
a healthy state.

Listen to your body, it has the answers.
Ask a health consultant.

Alternative Health

Do These Words Sound Familiar?

- Gas
- Bloating
- Constipation
- Stomach Pain
- Diverticulitis
- Indigestion
- Parasites
- Listless
- Weak

According to the Chinese,
"Symptoms are messages
from your body that
something
is wrong"

Alternative
Health

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